

SHANOWEN RESTAURANT MENU

Starters

Chef's Homemade Soup of the Day €7.50
(1a, 7, 9, 12, V)

Golden Fried Brie Wedges €9.00
Berry compote and Killarney Urban Farm salad leaves *(1a, 3, 7, 12, V)*

Tempura Tiger Prawns
Starters €9.00
Mains served with fries €16.00
(1a, 3, 4, 7, 12, V)

Stuffed Mushrooms €9.00
With a trio of cheese and smoked paprika dip
(1a, 3, 7, 10, 12, V)

Buffalo Chicken Wings
Starters €8.00
Mains €14.50
(6, 7, 9, 10, 11, 12)

Classic Chicken Caesar Salad
Starters €9.00
Mains €16.00
Rustic croutons and honey glazed bacon
(1a, 3, 4, 7, 8i, 10, 12)

Main Courses

10oz Irish Angus Sirloin Steak €32.00
Homemade onion rings, brandy peppercorn sauce, sautéed onion, mushrooms and fries *(1a, 7, 9, 10, 12)*

6oz Irish Angus Sirloin Steak Sandwich €22.50
On a rustic baguette, served with fries, garlic butter or brandy peppercorn sauce *(1a, 7, 9, 10, 12)*

Homemade Beef Lasagne €19.50
Served with house salad and fries
(1, 1a, 3, 6, 7, 8, 9, 10, 12)

8oz Prime Irish Beef Burger €19.50
Served on a brioche bun, red cheddar, beef tomato, gherkin, BBQ bourbon mayo, smoked pancetta and fries *(1a, 3, 7, 9, 10, 11, 12)*

Cajun Chicken Fillet Burger €19.50
Served on a toasted brioche bun, bacon, cheese, tomato, smoked paprika, brandy mayo sauce and fries
(1a, 3, 7, 9, 10, 11, 12)

River Island Fish & Chips €19.50
Served with homemade tartar sauce, mushy peas and fries *(1a, 4, 7, 12, V)*

Creamy Free-Range Irish Chicken and Bacon Pasta €19.50
Smoked pancetta, parmesan cheese and garlic bread
(1a, 3, 7, 10, 12)

Honey Roast Duck €25.00
Braised red cabbage and orange reduction, served with root vegetables and mashed potatoes
(7, 9, 10, 12)

Irish Lamb Shank €24.00
Braised in red wine rosemary jus, served with root vegetables and mashed potatoes *(7, 9, 10, 12)*

Bangers and Mash €19.50
Tim Jones sausages served on a bed of mashed potatoes, with onion gravy *(1a, 7, 9, 10, 12)*

Mild Thai Red Curry (Vegan Friendly)
With basmati rice and coriander naan bread
Chicken *(1a, 6, 9, 10, 12)* €19.50
Prawns *(1a, 4, 6, 9, 10, 12)* €20.50
Vegetarian *(1a, 6, 9, 10, 12)* €18.00

Oriental Stir Fry
With soy glaze, sweet chilli and coriander
Chicken *(1a, 6, 9, 10, 12)* €19.50
Prawns *(1a, 4, 6, 9, 10, 12)* €20.50
Vegetarian *(1a, 6, 9, 10, 12)* €18.00

River Island Toasted Special €13.50
Honey glazed ham with cheese, tomato, red onion and fries *(1a, 3, 7, 10, 12)*

Italian Pizzas

The Classic Margherita 11"
€17.00
Creamy mozzarella cheese with homemade tomato sauce
(1a, 7, 12)

The Meat Feast 11"
€17.50
Mozzarella cheese, pepperoni, chicken, ham, jalapenos
(1a, 7, 12)

The Veggie 11"
€17.50
Tomato base with creamy mozzarella cheese, sun-dried tomatoes, mushrooms and black olives *(1a, 7, 12)*

Allergens

1 Cereals Containing Gluten (1a Wheat, 1b Rye, 1c Barley, 1d Oats) | 2 Crustaceans | 3 Egg | 4 Fish | 5 Peanuts | 6 Soybeans | 7 Dairy | 8 Nuts (8a Almonds, 8b Hazelnuts, 8c Walnuts, 8d Cashews, 8e Pecans, 8f Brazil Nuts, 8g Pistachios, 8h Macadamia, 8i Pine Nuts) | 9 Celery | 10 Mustard | 11 Sesame Seeds | 12 Sulphites | 13 Lupin | 14 Mollusc

Please inform your server if you have any special dietary requirements including food allergies or intolerance. Where possible, our trained staff will suggest an alternative, however we CANNOT guarantee our dishes will be free from allergens & for this reason we do not accept any liability in this regard. The allergen & ingredient information listed on this menu should be regarded as our best effort to ensure that you have the necessary information to make your own decisions. Customers with severe allergies are advised to assess their own level of risk.